



RUMC *Alumni*



RCSI + UCD
MALAYSIA CAMPUS

RCSI & UCD
Malaysia Campus

alumni
e-Newsletter

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Aspiring Doctors

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A Message from the President



President & CEO
Professor David Whitford

The world has changed and will never be the same again!

The impact of COVID-19 on every member of society has been enormous. That has been true of RUMC in Penang but even more true for yourselves, RUMC alumni. Many of you who have been at the frontline of the battle against this pandemic. Some of the stories of the ways in which RUMC alumni have been involved in the fight against COVID-19 are included below and we would like to hear other stories from you. It is at times such as these that RUMC can be justly proud of all our alumni who are providing medical services in Malaysia and across the world.

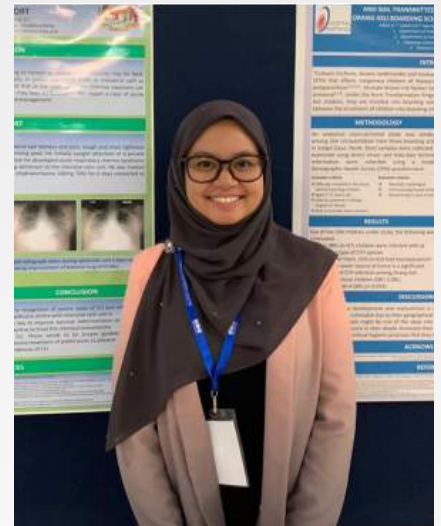
You may be interested to know that RUMC, alongside many other universities, has switched to online learning for all theory. Obviously, we cannot do that for clinical training and are waiting to get our students back into the hospitals as soon as possible. On the same note, conferring this year will be online – both interesting from an IT perspective, but a shame for the graduating class. Conferring brings back many fond memories for me years later and its loss is a major event. I would be happy to hear from yourselves on reflections on your own conferring for a future magazine.

The Covid-19 pandemic also led to the cancellation of our first RUMC alumni event. It seems unlikely that we will be able to host this for a while as gatherings are unlikely until after a vaccine is found. However, please keep in touch. I like to hear from alumni and also meet you at conferences, meetings etc. We are and continue to be proud of you. You are the reason that RUMC has a good reputation as a medical school and I do look forward to meeting with many more of you after this crisis is over.

RUMC BATTLES COVID-19

Dr Adilah Aminuddin
RCSI & UCD Malaysia Campus
Class of 2017

Dr Adilah is the Health Advisor who was involved in the production of information leaflets on COVID-19 for the indigenous (Orang Asli) community. The leaflets are currently being used to spread awareness on the outbreak among this community.



DR. ARVINDER SINGH HS
MSc Health Research
RCSI, Ireland
Class of 2016

Front liner in Ipoh

Dr Arvinder has been independently compiling national statistics on COVID-19. He shares the daily updates on the statistics and interpretation of the latest number with the public via his Twitter at https://twitter.com/Dr_ASinghR.

He also identified the volume of patients as 7000 per 100,000 patients tested.

RUMC BATTLES COVID-19

Community Mask Project



Since masks are difficult to come by and expensive for those especially in the B40 group, Dr Arvinder, Dr Shan Narayanan and Dr Akhbar Ali have decided to seek pledges from the society's well-wishers and NGOs- in the forms of cash and masks to be distributed to the community.



The mechanism used is via the already established maternal home visits conducted by the health clinics. The masks are re-bundled into 4s and given to the nurses who visit the homes. They then distribute the masks to the families they visit and their neighbours- in hope that they utilise it to prevent a further community spread.



So far 100 families around the Kinta district in Perak have already obtained help and a further 5000 families will receive one-off help in the coming week.

This idea was mooted, considered, and adapted by other NGOs of different districts and states- all in the interest to prevent asymptomatic transmission in the community.

RUMC BATTLES COVID-19



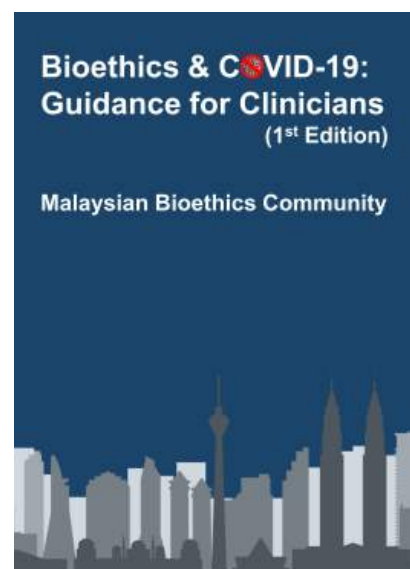
Syed Rahmat, a staff in our facilities department, and a volunteer in the Malaysia Civil Defence Force along with the MoH, police, and military doing his part in ensuring the lock down is enforced, and educating the community on the importance of social distancing and hand washing.

Malaysian Bioethic Community has outlined the Bioethics & COVID-19: Guidance for Clinicians to support clinicians into making ethical decision in their clinical practice while responding to the COVID-19 situation in Malaysia.

The guideline was **co-authored by Dr Mark Tan Kiak Min, our RUMC alumni.**

Log on to
<https://doi.org/10.5281/zenodo.3821125>
to access the guideline.

Info Corner



ALUMNI STORIES

About Sarah

I was born in Malaysia and grew up here as well.

After completing my PMR, I moved to Oman. I graduated in ABA – International School Muscat in July 2012 and pursued my Medicine programme at RCSI & UCD Malaysia Campus in September 2012. I graduated from RUMC in the year 2018 and started my housemanship in July 2019.

Experience as a Student in Dublin

My dream to study in a big campus which is not confined to only medical faculty came true during my Pre-Clinical Years in Dublin.

I had a wonderful time getting to know people from different backgrounds and exploring various clubs and activities around the campus.



“ Our lecturers helped to shape our thought process when communicating with the patients. ”

Unforgettable Dublin Moments

Travelling was one of my fondest memories during my stay in Dublin. I used to work during the weekends to earn extra income, so I could travel around Europe.

I've built lifelong friendships with people from all over the world and that is also my biggest treasure found in Dublin.

UCD Malaysian Night was something we all looked forward to every year. Those practise hours and being able to slay the performance during the event were definitely something I would cherish forever.



Take the opportunity to travel and visit as many countries as you can when you are in Ireland.



Have something else to do aside from studying. Be part of the various extracurricular activities in universities, and grab the opportunity to explore your passion.

**“We won’t be
able to forget
Cochrane,”**

**–Dr Vivian Tan,
valedictorian from
Class of 2019 in her
graduating speech.**

Cochrane Malaysia has been hosted at RUMC since 2013. We are one of the many geographic groups located in at least 45 countries around the world.

Over 11,000 members and 68,000 supporters worldwide contribute and support the work of Cochrane in producing the highest quality evidence for everyone.

Cochrane Malaysia has been providing training on how to produce, access and use the reviews to healthcare professionals, patients and others.

With the help of many volunteers, we also translate the plain language summaries of Cochrane Reviews into Malay. In fact, we have a reputation for being one of the most productive translation initiatives in Cochrane.

Our alumni have also been contributing towards Cochrane as authors and translators. Most of their involvement in Cochrane began since their medical school days.

Here are some of our alumni’s involvement with Cochrane:

“Understanding the data behind clinical trials is crucial, and it allows me to apply this skill in my work to improve patient care”

– Dr Jasmine Lee (Class of 2016)

Dr Jasmine is currently a Paediatrics medical officer at Hospital Raja Permaisuri Bainun, Ipoh. Her journey in Cochrane began after graduation, while waiting for her placement. She was attached with the Cochrane Gynaecology and Fertility Group in Auckland, New Zealand for almost a month. She co-authored a review on the “Long-term hormone therapy for perimenopausal and postmenopausal women” during this time. This experience led her to conclude that “Evidence based medicine plays an important part in delivering the best care to our patients.”

“I am happy to contribute and to ensure evidence-based medicine reaches our society, especially where pseudoscience and false medical belief is so common”

– Dr Solihin Zahari (Class of 2019)

Dr Solihin is a house officer at Hospital Sultan Abdul Halim, Sungai Petani. He started getting involved with Cochrane during his electives. Since then, he continued to translate Cochrane Plain Language Summaries to Malay.

Want to be a part of us?

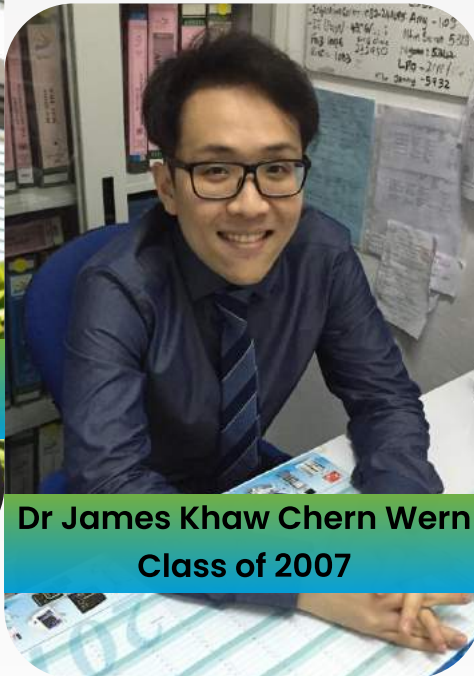
**Visit us at [Cochrane.org](https://www.cochrane.org) or
drop us an email at cochrane@rcsiucd.edu.my**

alumni SPOTLIGHT

Injecting a Dose of Inspiration for Aspiring Doctors



Dr Aliana
Class of 2019



Dr James Khaw Chern Wern
Class of 2007

As an initiative to engage with our current and prospective students, a series of Live Webinars, featuring our Alumni has been conducted.

Dr Aliana and Dr James during their respective webinar sessions, managed to share their experiences of being a medical student at RUMC, with the students.

The webinar gained a positive response amongst students and more sessions are being planned out to engage the students.

Be in touch with your alma mater & fellow alumni. Email alumni@rcsiucd.edu.my to update your contact details.

alumni NETWORK



Dr Dinesh Gomez
(Class of 2010)
Orthopaedic Surgeon
at Hosp Tuanku Ja'afar,
Seremban, N. Sembilan



Dr Anjanna Kukreja
(Class of 2011)
Infectious Disease
Registrar at University
Malaya Medical Centre,
Kuala Lumpur

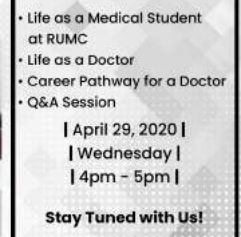
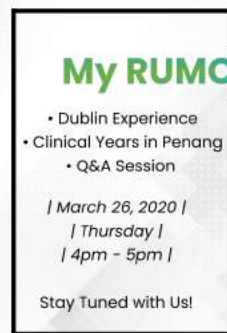


Dr Amaani Badjenid
(Class of 2016)
Radiology Medical Officer
at Hosp Sultan Abdul
Halim, Sg Petani, Kedah



Dr Vivien Tan Chern Yong
(Class of 2019)
House Officer at
Hosp Pulau Pinang

EVENTS @ RUMC



RUMC events were held virtually due to the COVID-19 outbreak and it was well-received by the students, alumni, and academics.

RUMC Virtual Fair 2020 was one of the events that successfully garnered the attention of our prospective students. Using an interactive virtual booth as the platform, the event enabled students to connect with the academics and learn more about studying Medicine at RCSI & UCD Malaysia Campus.

Snippets of Activities for MInTFM 2020 Intake



To increase the applications into the Family Medicine programme, Live Webinars are being conducted by MInTFM.

Besides providing a brief insight on the specialist training programme, the webinars also allow prospective students to actively engage with our MInTFM faculty.



PROGRAMMES@RUMC



A unique Pre-University programme, offering students an early introduction to medical and clinical fields in a hospital setting. Upon conclusion of the programme, with a CGPA of 3.5–4.00, students are eligible to apply for the 5-Year Medical Degree Programme at RUMC.

Next Intake: May 2021



The University's flagship programme, the MB BCH BAO, is awarded by the National University of Ireland (NUI). Receive the best of both worlds with our transnationally delivered medical degree. RUMC is well-known for offering high value tuition and exceptional quality in clinical training, as it continues to graduate high performing, industry-ready doctors.

Next Intake: Sept 2020

Malaysian doctors can now pursue the Family Medicine specialist training using the ICGP curriculum and assessment. Managed and delivered by RUMC, the curriculum of the programme is specifically adapted for the Malaysian healthcare scenario.

Next Intake: July 2020

For more information, visit rcsiucd.edu.my/programme/mintfm or email: mintfm@rcsiucd.edu.my



Career Opportunities @ RUMC

Available Academic Positions

Head of Departments in:

- o Paediatrics
- o Medicine

Lecturers

- o Psychiatry
- o Medicine
- o Surgery
- o Obstetrics & Gynaecology

To apply & For more info
email hr@rcsiucd.edu.my

OR

contact 04-217 1999

MSc in Health Research

Health Research is an area brimming with possibilities to advance the quality of healthcare systems and services. This 2-year, part-time postgraduate degree is aimed at medical, health, and social science graduates with interest in Health Research. Fully accredited by MQA and MoHE, awarded Level 9 on the NFQ Ireland, and is compliant with ECTS.

Next Intake: February 2021

MSc in Public Health

Public health problems are now increasing and require global solutions. This 1-year, full-time postgraduate degree is aimed at those planning to pursue careers locally or internationally and contains modules and research projects focused particularly on public health issues. The programme is fully accredited by MQA and MoHE, awarded Level 9 on the NFQ Ireland, and is compliant with ECTS.

Next Intake: September 2020